

# Contents

<b>CHAPTER-1 : Assessment and Contribution</b>	<b>3-11</b>
1. Indian Army Officer Amit Tiwari.....	3-3
2. Arunima Sinha (Padam Shri Awardee).....	4-4
3. Senior Army Officer Rajeev Shukla (Army Education Corps).....	5-5
4. Shri Rakesh Yadav.....	6-6
5. Shri Pradeep Raja.....	6-6
6. Dr. Kuldeep.....	7-7
7. Shri Ashutosh Sati.....	8-8
8. Indian Navy Officer Puneet Kumar Tiwari.....	8-8
9. Indian Navy Officer Saurabh Katiyar.....	8-8
10. Indian Navy Officer Anand Tandon.....	8-8
11. Indian Navy Officer Shivendra Pandey.....	8-8
12. Indian Navy Officer Jitendra Verma.....	9-9
13. Indian Navy Officer Sunny Verma.....	9-9
14. Indian Navy Officer Saurabh Pandey.....	9-9
15. Shri Ashish Mishra (Boxer).....	10-10
16. Shri Ravi Yadav.....	10-10
17. Ankit Sahu.....	11-11
18. Ansh Jaiswal.....	11-11
<b>CHAPTER-2 : I.Q. Test with Method &amp; Rules</b>	<b>12-34</b>
Lesson 1. Points to be Remembered while Solving the I.Q.....	12-14
Lesson 2. Practice Set.....	15-18
Lesson 3. Practice Set.....	18-21
Lesson 4. Practice Set.....	21-23
Lesson 5. Practice Set.....	24-25
Lesson 6. Practice Set.....	25-26
Lesson 7. Practice Set.....	26-27
Lesson 8. Practice Set.....	27-30
Lesson 9. Practice Set.....	30-32
Lesson 10. Practice Set.....	33-34
<b>CHAPTER-3 : Screening</b>	<b>35-39</b>
Lesson 1. Screening with Interpretation.....	35-39
<b>CHAPTER-4 : T.A.T. (Thematic Apperception Test) What ? How ? and Why ?</b>	<b>40-99</b>
Lesson 1. What does the Selection System require for the Army ? And how to get the recommendation/ selection ?.....	40-46
Lesson 2. Need of TAT : What is the assesment of the qualities ? And how do they happen ?.....	46-49
Lesson 3. Power of TAT : What does it take to define the social adjustment ? A very important without that selection is not possible.....	50-54
Lesson 4. Instruments of TAT : What can qualify to possess the sense of responsibility ? What is determination ? And courage ? And how does it happen ?.....	54-59
Lesson 5. Basics of TAT : What is sense of thinking ? Sense of discipline ? Sense of sacrifice ? Sense of dedication ? Sense of love ? and sense of surrender ? SSB-What ? How ? and Why ?.....	59-63
Lesson 6. Psychology of selection, Psychology of TAT, Psychology of behavioural pattern, what is ?.....	64-71
Lesson 7. What actually TAT is ? How qualities are produced in TAT ?.....	71-75
Lesson 8. TAT, what to write, How to write ? What is desirable and what is not desirable in TAT ? And how does it happen ?.....	75-78
Lesson 9. Merits and demerits in TAT ? What to evaluate in the TAT ? How problem solving behaviour is projected in TAT ?.....	79-84
Lesson 10. What does it take to the failure in TAT ? How success happens in TAT ?.....	84-90
Lesson 11. What is Semi-short Term, Semi-long Term, Short term and the Long term Mission in TAT ?.....	90-95
Lesson 12. What is the Parameter of selection ?.....	95-99

<b>CHAPTER-5 : WAT (Word Association Test)</b>	<b>100-134</b>
Lesson 1. WAT Part-I, What to write ? How to write ? Definition, Classification and Interpretation.....	100-104
Lesson 2. WAT Part-2, What kind of responses can project the traits of your personality up to the nature of job.....	105-111
Lesson 3. WAT Part-3, No word is negative only perception becomes negative. Words you will find in every series of WAT.....	112-118
Lesson 4. WAT Part-4, How to evaluate and grade the WAT or the ideas or sentences? How to write the acceptable WAT ?.....	119-122
Lesson 5. WAT Part-5, Preachings, borrowed ideas, sermons, quotations are not the WAT. Convey the sense and ideas not the meaning.....	123-128
Lesson 6. WAT : Practice and Interpretation of WAT.....	129-134
<b>CHAPTER-6 : SRT (Situation Reaction Test)</b>	<b>135-157</b>
Lesson 1. SRT Part-1, What makes the situation a situation ? Does it qualify to become a situation ?.....	135-141
Lesson 2. SRT Part-2, How to dispose of the action and reactions demanded by the situations?.....	141-146
Lesson 3. SRT Part-3, How to prove and demonstrate the leadership and that too a leader of crisis?.....	147-150
Lesson 4. SRT Part-4, How to inter into the situation? Bail out the situation and draw the solution?.....	151-157
<b>CHAPTER-7 : S.D. Test</b>	<b>158-169</b>
Lesson 1. How much do you know of yourself ? What will qualify to become a self description ?.....	158-164
Lesson 2. Liberty and full freedom to describe yourself and you have to appraise yourself within bind and bounds.....	165-169
<b>CHAPTER-8 : G.T.O. Series of Testing</b>	<b>170-255</b>
Lesson 1. Personality and O.L.Qs. (Officers Like Qualities).....	170-171
Lesson 2. Role of Group Testing in the Selection Board.....	171-172
Lesson 3. Pilot Aptitude Battery Test.....	172-174
Lesson 4. Leadership and Selection.....	174-175
Lesson 5. Stress and Stability.....	175-176
Lesson 6. Group and Its Nature of Testing.....	176-176
Lesson 7. Tests and their Valuation.....	177-177
Lesson 8. Tests in GT Battery and Courage.....	177-178
Lesson 9. Theory of Group Dynamics.....	178-179
Lesson 10. Group Discussion.....	179-180
Lesson 11. A Practical Approach to G.D. and the Parameter Required by the G.T.O.....	181-195
Lesson 12. Theory of Group Dynamics ? What ? How ? and Why ?.....	195-200
Lesson 13. Topics for G.D. (Group Discussion Topics).....	200-202
Lesson 14. G.P.E. (Group Planning Exercise).....	203-243
Lesson 15. P.G.T. (Progressive Group Task).....	243-245
Lesson 16. G.O.R. (Group Obstacle Race).....	245-247
Lesson 17. H.G.T. (Half Group Task).....	248-249
Lesson 18. I.O.T. (Individual Obstacles Tasks).....	249-251
Lesson 19. Lecturette.....	251-253
Lesson 20. Command Task.....	253-255
Lesson 21. F.G.T. (Final Group Task).....	255-255
<b>CHAPTER-9 : Interview Technique</b>	<b>256-264</b>
Lesson 1. Interview Technique [The technical name of this technique is personalised conversation (PC)].....	256-259
Lesson 2. Rapid Fire Questions.....	259-261
Lesson 3. Section wise Interview Questions.....	261-262
Lesson 4. Mostly Asked Questions.....	262-264
Lesson 5. Questions Related to Conference.....	264-264

---